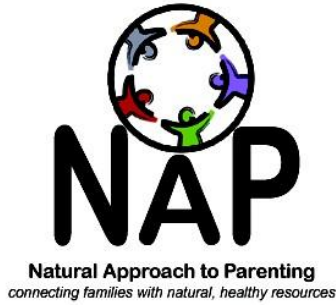


# Are you seeking a natural and holistic approach to prenatal birthing, postpartum & family care?



Check out our website today to find out more!

<http://www.NAP-ClarkCounty.com>

**Acupuncture & Shiatsu Massage Therapy:** Christina Bjergo, LAc,  
Wild Iris Acupuncture and Asian Massage, 360-607-7586 [cbjergo@msn.com](mailto:cbjergo@msn.com)

**Baby Sign Language:** Ardis Karr-Robak CI, CCA  
[babysignsardis@gmail.com](mailto:babysignsardis@gmail.com), <http://babysignsbyardis.com/>

**Childbirth Education - HypnoBirthing®:** Debbie Nesbitt, RN, CH  
360-513-9567, [debbie@positive-dynamics.com](mailto:debbie@positive-dynamics.com), <http://www.positive-dynamics.com/>

**Chiropractor:** Dr. Mignon Cejalvo  
360-882-7733, [drcejalvo@comcast.net](mailto:drcejalvo@comcast.net), <http://www.prioritypatients.com>

**Family Photography:** Barbara Hill  
360-574-0302, 503-314-0376  
[barbara@BarbaraHillPhotography.com](mailto:barbara@BarbaraHillPhotography.com), <http://www.BarbaraHillPhotography.com>

**Massage, Reflexology & Essential Oils:** Michelle Pash, LMP, CR  
360-263-1308, [handsofhealing@tds.net](mailto:handsofhealing@tds.net), <http://www.healandrelax.com>

**Naturopathic Physician – Women’s Care:** Kelly Owens, ND  
360-687-2799, [naturedr@comcast.net](mailto:naturedr@comcast.net)

**Naturopathic Physician - Pediatrics :** Katherine Wiggin, ND  
503-449-1167 (Vancouver location), [KateWigginND@comcast.net](mailto:KateWigginND@comcast.net)

**Physical Therapist:** Lauren Monticelli, MSPT  
360-573-2266, [lauren@360-pt.com](mailto:lauren@360-pt.com), <http://www.360-pt.com>

**Prenatal Yoga:** Dana Layon, RYT  
360-604-YOGA, [dana@satsangyoga.net](mailto:dana@satsangyoga.net), [www.satsangyoga.net](http://www.satsangyoga.net)

**Skin Care:** Sarahanne Thompson, Licensed Esthetician  
360-571-8200, <http://www.facialeffects.com>

**The Bradley Method of Natural Childbirth:** Sharilee Valenta AAHCC  
360-571-8002, <http://www.mynaturalbirth.com>

**Therapy:** Hannah Fischer, LPC, LMHP  
360-635-1851, <http://www.hfischercounseling.com>

**Women’s Health Care and Midwifery:** Pacific Midwifery, LLC  
360-885-7926, [PacificCNM@aol.com](mailto:PacificCNM@aol.com), <http://www.pacificmidwifery.com>

**NAP is a Clark County based network of independent professionals who seek to connect families with natural, healthy resources.**

Be sure to ask if “new client specials” apply!

As independent professionals, we can not take responsibility for accuracy of information, services, products or actions received from listed participants. This information is intended for educational purposes only and may be beneficial in selecting complementary and alternative modalities as an adjunct to conventional medical treatment.